Name  $\frac{\text{Sarq}}{\text{Oriun}}$  Agueci Date:  $\frac{6-18-19}{\text{Oriun}}$  (Please write this note in English.)

Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?

Dear Sevic writing that this to 1011 You and like MPS downs most has be that Can would You meet But 95 expect people. YCH New and cool bе Cool People. of not Can let Stupid People not +0 40 Y04 school work. Another thing, remember afect Your don't like teacher class/ hecause a VCU you Shouldn't care mean class. bo hon-est that favorille subject but that doesn YIY JWH MY no+ 10 excuse an one victom - T mean Wisdom from You WITH your best and Can this note be included in the school newspaper? (that goes most for the

Name Madison anearn	Date: June 18,2019
Team()(\OY)	
(Please write this note in English.)	

Hello, don't worry 7th grade is not as bad as
you may think it is. 7th grade was my favorite
year to be in school. The team teachers
help you with basically anything. They try really
hard to make the school year fun and productive
I learned a lot this year. I also made
a lot of new friends. I would say the only
really bad thing was waring up early, on boy
that was terrible. Once you get used to switching
Classes and having a lacher it's honestly very
Easy . I suggest doing clubs and sports
and or Band/anrous. Don't stress the year flys by.

Can this note be included in the school newspaper?  $\sqrt{PS}$ .

Name Brandon Allgrim Date: 6/18/19
Team Arics
(Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Middle school isn't as hard as people
would think it is as student who
is Average Academicly I hever
Studied for tests on really hid was
homework but I aswally had
305 905 and 705. I met abt of
Ally friends myt same did ancs
and lost some. On and I really
wouldn't date anyone in 7th grown
its a moste of time. Just mate
good friends and be a decent
Sportant Academick you should be
fine in middle school. Oh and strive
to be the first you, you can be.
Can this note be included in the school newspaper?

Name Lean Anson	Date: 6/18/19
Team Aries	
(Please write this note in English.)	

Academics are a big part of your seventh grade life, if you don't go to school or don't do your work your grades are going to suffer. School clubs are a great way to boost up your fon times at NTMS. There are at least 7 clubs here and an of them are a great way to learn about animals, books, foreign countries and other important topics. Some highs about NTMs is that jou get to go to Parien Lake at the end of the year, you have for days, and you have food parties in your foreign Language. Some lows are that you have exams at the end of the year, you have midterms, and The homework. Stress and drama are things that are going to pap up but here are some ways to cope = Can this note be included in the school newspaper?

voith it. You can talk to your School counsleur or Your teachers and parents. Also, you could talk to a friend you can trost. What I liked about this school friend your teachers and friends will always year is that your teachers and friends will always year is that your teachers and friends will always stick by your side and will talk to you if you stick by your side and will talk to you if you stick by your side and will talk to you if you have have school is wakeing up so early and also the middle school is wakeing up so early and also the final exams. If you are going to NTMs have final exams. If you are going to NTMs have final exams. If you are going to middle school!

Name	Alarra	Barrus		Date:	
Team_	Aricas		,		
(Places	verita Ébic nata	in English )			

- At the state of	- Control of the Cont
When it comes to aci	demics the best piece
of advice I comb possio	of a bit less stress
and lowers your changes	of Science School it gran
one of those people timo	the to go observe.
Enow I Journs to Longed	
Such of club there are	a vit of chies on
your probably find one	you'll like most it
not all are really fan.	
can do with drawn	
it and it you go	tronge to ober 1
becase it's not worth	your time of for you
The year of work reason was	alon by the end of
Can this note be included in the school news	paper? Suc

Miny about 7th grade is to Krep yourself modivation to god good grades becase it gets really shooted but last weep trois trust me

Name Janelle Barmann Date: 6/18/19
Team
(Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For
example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to
survive the stress and drama that will surely come their way? What did you love
best about this year, and what did you find most difficult?
Mello incoming 7th graders
I want to tell you
about the Clubs we have
dt NTMS. There are so many
clubs like Forienge languge, Jazz
band, etc. But some Clubs help
the school like student
council They plan activites,
and the dances at NTM scollection
And recycling club collects
recycling from around the
Schools Also If you
See a girl with Kinda
Short brown hair in recycling
Can this note be included in the school newspaper?

Name Mitchell Rosa		Date: 0/17/19
Team Acces	· ·	.,
(Plages write this note in English	.h \	· · · · · · · · · · · · · · · · · · ·

Hello! My Name is Mitchell this year I am
In 8th grade So you may see me inthe
Halls, that a little bit about he but left get
to you. First of all. Welcome to North
Tombourd Middle School Deing in a brandhear
School can be seary. So Im going to Show
you some do's and don'ts in Middle School- First
- things First don't be afraid to ack Fer
Help our guidence coundors are all wayshappy
to help. Next Grades, grades are extrainly
important this year Because you can fail.
and go to summer School. So make sure
to Study met de your Home work always
Can this note be included in the school newspaper? $\frac{1}{2}$

And you should De just Fine. Next thing Stress, and Drana this will be a very by this that I why you had to Find your fight group of friend and try your herdest to be kind. Always try to Fix things on your assorbet if it becomes to Much to handle tell a trusted Adult. Also Stayou of orest that a right Might-Break out, Hurson, to remove your self from this problem, Afficulty School may be toughtly to find something to get your mind off it and don't start vaping or use other Drugs of any Subtance that caribe harm to the Book! Next clubs! Albert and sports one a greatification get in to we have dust like Nouspaper club student Council, year book club etc. Sports are fun to but you have to keep a contain grade and Not fail your grades to be in Sports. Exports like swin, took Ball, Pasket Ballit Track are just some of the Spatistic have to offer When you get more into the year your probably going to want to house outside it schools is some option orethe Rainboom Roller First propries Summer Option and the Rainboom Roller First propries Summer of the South Foot ball dangs of the South South South South South Foot ball dangs of the South South

Name MANA Borg - COntined  Team Prics	Date:	6/18/19
(Please write this note in English.)  Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life Clubs? What are the highs and the lows of seventh grasurvive the stress and drama that will surely come their best about this year, and what did you find most difficulties.	? Socia de and way? \	l adjustments? how best to
	*	
the thing I found mast a	J. K.C.	21 - 4102
Keeping up on My grades		
Other things Always keep yo	of Juc	ocker clean. Mr
you should on time to		L May act
Hambels for pasing the	69nz	
and a detenion. I Hop th	d- 40	our first
year of middle School		es Wella
If you Even need any	L. Fre	to you can
- Always find me Have fun!		
<u> </u>	F (C)	
Mide		
	Sept.	
· · · · · · · · · · · · · · · · · · ·		
Can this note be included in the school newspaper?	40s	

Name Ahth	ion y B	1/(1			Date: <u>{                                   </u>	8~19
Team <u>Aries</u> (Please write			•		v. •	
example, who Clubs? What survive the s	nat can you are the hig tress and d	u tell them ab ghs and the lo	oout acad ows of se Il surely c	demic life venth gra come their	? Social adj de and how way? Whal	
,	To the	Class	of	2025	Prese	Khow
•					• .	a challehge
for so	me	People, Ho	VEYEN	1c >	ou par	Song
time	and e	ffort in	to s	ludying	GAZ de	ling
YOUR	homew	oric yo	n wil	1 WG	1/2 Strail	ght through
7th 9	rade V	ith ho	problem	. But	if yo	in dont
<u>do</u> a	hy of	that.	68 19 45	e 104	mayybe	Hafe
School .	well the	en You	wil	<u> </u>	Stack d	oing
the sq	me this	ng hexi	- Yequ	<u> </u>		
	· ·		- ng			
		<u> </u>	· #	,		
Can this note	he includ	ed in the sch	ool news	naner?	YEC	

\* **\*** 

Name Joseph Blose	Mrs. Czora Per. 8-9
Team	Mrs. Czora Per. 8-9
(Please write this note in English.)	
Please leave words of wisdom of seventh of	
example, what can you tell them about ac Clubs? What are the highs and the lows of	· · · · · · · · · · · · · · · · · · ·
survive the stress and drama that will surely	
best about this year, and what did you find	
My advice to you in mid	dle-school is to try
new things toin a sport	or join a club, it's
My advice to you in mid new things. Join a sport fun I swear. Another bit	of advice I have
for you is Make some	
won't be fun it you don't	
My Jast bit of advice	
and pradice dou'll never a	an anything it sour
and pradice tou'll never go put no effort towards it, b	out most importantly.
have fan. 7th grade is fall	of many twists and
turns, so make sure you	
eluh one.	V
,	
Can this note be included in the school ne	( /
	yeah, soic
	Jem'i.
	_

Name Hailey Bronson	Date: 6/18/19
Team Ocion	
(Please write this note in English.)	
Please leave words of wisdom of seventh example, what can you tell them about a Clubs? What are the highs and the lows of survive the stress and drama that will sure best about this year, and what did you find	cademic life? Social adjustments?  I seventh grade and how best to  Iy come their way? What did you love
Hello! Welcome to NTMS no	Lu seventin grade students).
Now, in seventh grade you no	•
grade is not sprasy. You have	e a lot of quizes and
Acests. You need to focuson yo	our acedemics. I canno?
saying to not hang into was	anjour (stends, I am saying
when you have trusts and	quizes the nextday, com
and shudy for them. You are	gaingtoneel new francis
in middle school. The way	to havenew to ender is to
shy me to energone Toust	· · · · · · · · · · · · · · · · · · ·
rice and Wind show being	ande in one mes. Also,
listen to your trackers t	ney know what they
are dang the will get be in	in the called the training to
has hepped me! Goal Lists.	
	· · · · · · · · · · · · · · · · · · ·
Can this note be included in the school ne	ewspaper? Sure

Name Calin Broslus Team Aries	Date: <u>6-18-19</u>			
(Please write this note in English.)				
Please leave words of wisdom of seventh example, what can you tell them about a Clubs? What are the highs and the lows of survive the stress and drama that will surel best about this year, and what did you find	cademic life? Social adjustments? seventh grade and how best to y come their way? What did you love			
In Seventh Goode go	v will Just hove for			
adjust to the process				
Studying.				
<u> </u>				
	•			
Can this note be included in the school ne	ewspaper? $VC \leq$			

Name Chloe Bullen	Date: 618/19
Team Arie (Please write this note in English.)	
example, what can you tell them about Clubs? What are the highs and the low	s of seventh grade and how best to urely come their way? What did you love
Dear Next years the grad	lers,
- 7th grade i	soft hard academic 4, aslong
as you pay attention and	
you do your work ands	
	Now Gorign languagees
Will be Lardand overwe	· · · · · · · · · · · · · · · · · · ·
but power though that	-rough begening and
the regtof the year will	be alof easier.
Can this note be included in the schoo	I newspaper? VE

Name <u>Lbin Bush</u> Date: 6-18-19
TeamAries (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
The thing that was different for
me was the amount of homework we got.
In elementary school we got a sheet of.
home work a night. In middle school you get
that times 5. Also, I suggest for friends
that you should branch out a little bit.
I mean, keep the old friend ships but also
Strengthen the new ones. It was fun
to play a modified sport this year and
it was good exercise. I played soccer
and bockey All of the teachers are nice
but you will get aton of homework so
be prepared for that and you'll be all
set!
Can this note be included in the school newspaper?

Name Bridget C	Sale	Date: 6/18/19
Team Anas		

(Please write this note in English.)

Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?

Incoming seventh graders you may think middle school is going to be hard, but really its the opposite. Seventh grade can be the best year if you do things right. Academicall I suggest handing in all your work on time and if you are obsent then make up your work. Make sure you grades are. good and if they aren't then go and ask the teacher for help. Making new triends is a great thing. You can join clubs or sports teams and find people with simuliar interests. To survive stress make sure you don't do a big project the night before and remeber to breathe. To survive drama just try to stay away from it as much as possible. Please don't get in fights it doesn't solve anything. You will either love or hode this year. So I wish you all x best of luck.

Can this note be included in the school newspaper?  $\underline{\forall cs}$ 

Name James Campas	Date: 6/18/19
Team Orion	
(Please write this note in English.)	

Hello new 7th graders I know that it is
Stressfull adjusting to the new setting but it grows on
you quick. The time you spend here is incredible you
will wake new friends and tearn so many things you didn't
Know before. The peck of 7th grade comes when you
really understand the branty of 7th grade. When you
grosp the feeling of accomplishment and cheerish that. The lows
are when you give up or stop trying it will only make
you feel worse. Also, you may think that teachers are pulling
alod of stress on you or are being and but that's mottered
at all. They are looking after you and watching you grow
into young man and woman, So, don't give then a trand fine
its their job. Some tips to help are to always stay organized.
polidy hones (sincere ) hard working, and most of all kind.
Can this note be included in the school newspaper? $\forall e$ s

Name Vay Von Carney Date: 6/18/19
Team/ (Please write this note in English.)
(Fredse write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Dear Savies,
Seventh grade is really tun and
the teachers are really nice and
Eun aslong as you genon there
goodside. The number one rule
is don't act up for a sub
because you should be the same
pergon tor everyone. Hope you
enjoy Seventh grade.
Sincerly
Jayvovi carney
Can this note be included in the school newspaper? $\underline{YCS}$

Name John Celluch Marketter Team (Please write this note in English.)	Date: <u>6/18/14</u>
Please leave words of wisdom of seventh grade life for rexample, what can you tell them about academic life? Clubs? What are the highs and the lows of seventh grad survive the stress and drama that will surely come their best about this year, and what did you find most difficult	Social adjustments? e and how best to way? What did you love
Dew 7th glades,	**************************************
As you move over to sev Will be new challenges to face be frust wating and difficult of You sust have to treep on main You can become Young adults or life, You just howe to try. Never Your hardest ever when its a	Yes, it can some times, but 9. This is when by more on with
Can this note be included in the school newspaper?	115

Name B19 ydla (161001 - 68) Date:	
Team	
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for next year's st example, what can you tell them about academic life? Social adjust Clubs? What are the highs and the lows of seventh grade and how b survive the stress and drama that will surely come their way? What d best about this year, and what did you find most difficult?	tments? est to id you love
No matter how much proofe f	)0/1/9/
middle school as tust as somesay	
Or confunt protite no to to	nake
The decision, some easy ways to	UCOVId
make middle school a great time!	5
do what your told, participate in class	, suctivities,
STAY OUT OF DRAMA, and	
49 Ur best every day. If your all	
trying your best the tegichers at n	+MS
willa mays PK (PP+ You for You o	and
rever 190 & down on you for hou	ing
badgrades just try and don't s.	ive
typn a 1845 on to septup bad side the	415
in You,	
Can this note be included in the school newspaper? $765$	

Name SUMMOR COROSIONA Team ON ON (Please write this note in English.)

Date 3010/8,2019

Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?

In seventh grade, you may get some homework but it really isn't that bad. Seventh grade is really easy if you just do your homework, Study for tests, benice to your reachers, and how agod group of spiciols, Evon is you try to avoid it, there will still always be drama but don't worry because you can get through it. If you aren't to busy with other things of home, then I definity suggest doing some sports and dutes. They are superfun and you get to do all different kinds of fun activities and learn about all newthings that you may have not known before Abo, whon you some club or Sport you'get to meet all different now friends. That is one very good thing about coming to the Middle school. Just clorify bescared youll have lots of tun! Yes can this note be included in the school newspaper?

Name	Justin	Comfort	·	Date:	6/18/19
	Orion			_	
(Please	write this not	e in English			-

. (	as a state	men. In	وسع رسر	A diversion	
Great.	eventh	J. C. A.C.		Coming	1070
	Schoo				
for	Same	things.	1: 5	ome to	achers
You	can	Joke a			
take	Joke S.				
rude					·
are					
get c	a good	educa	from &	L: Don7	you Start
trouble		your			
don't	Sta				
Set	in al	04 0	+ In	ouble. A	nd Ji
Donit	Start	trov	ble v	with	any
Sth	Start	They	don't	like	having
	deal W			aders	
		****			

Can this note be included in the school newspaper?  $\overline{Z}$ 

Date:
grade life for next year's students. For cademic life? Social adjustments? seventh grade and how best to y come their way? What did you loved most difficult?
may different but I think it
-c shill your note books are clean
ion don't moss aland because
NS are Pretty fun solf
ig o by giot aniker experigiy
are reapy fun.

Name Fra Cruz	Date: 6/18/19
Team Acies	
(Please write this note in English.)	
Please leave words of wisdom of seventh gradexample, what can you tell them about acade Clubs? What are the highs and the lows of sever survive the stress and drama that will surely cobest about this year, and what did you find more	emic life? Social adjustments? enth grade and how best to ome their way? What did you love
Stay organized and study t	for tests. The field
trip is for so work hard	
not get as much pressure	, find a way to relieve.
it at home like playing s	ports or hanging
out with your friends. I this	
difficult part of 7th grade wa	s the academic work
but if you find a good friend	
over before you know it.	
<u>.</u>	
	. Comment
Can this note be included in the school never	apor2 110C
Can this note be included in the school newsp	abei: Aco

Name Joseph Dadds Team Dadds	Date: June 18 2010
Team <u>OCOB</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grade example, what can you tell them about acade Clubs? What are the highs and the lows of seventh survive the stress and drama that will surely cobest about this year, and what did you find me	lemic life? Social adjustments? venth grade and how best to ome their way? What did you love
Atfirst you are going to	Hink 7th grade is
casy but its really not w	
meet abt of new people and	
group. Pay attention in	
get in trouble,	
•	
Can this note be included in the school news	paper? Of Course

Name Cara Daly	Date: <u></u>	-19
Team <u>Orion</u> (Please write this note in English.)		
Please leave words of wisdom of seventh grexample, what can you tell them about accordings? What are the highs and the lows of survive the stress and drama that will surely best about this year, and what did you find the stress and what did you find the stress are survived to the stress and drama that will surely best about this year, and what did you find the stress are survived to the stress and drama that will surely best about this year, and what did you find the stress are surely as the stress are survived to the stress and the stress are survived to the stress and the stress are survived to the stress	ademic life? Social adjust eventh grade and how be come their way? What di	ments? est to
For 7th grade, do you're homework, c	losswork, and projects.	It is very
important to do so because even if you	don't study, you roule	fail disexes,
tests, and ever your single execute Please po	o attention and ficus	00 He .
people around you and yourself. There are	consequences that could be	ad up to
155 (in school suspension), 055 (outside school	of Suspension) Expelled,	Kicked out,
and Banned from the North Tonawarda M	dale School Be prepare	d for your
classes, don't be rude to others dress appro	poriatley, and don't be	ate to class.
be organized and honest. Than kyou		
	-Cara Daly	
	<b>(</b> )	
Can this note be included in the school new	rspaper? Yes	

Э.

Name Defi	nselo D	1/16/34			_ Date:	6-18-19	
TeamA (Please write	• •	n English.)	<del>-</del>			- ·	
Please leave example, who Clubs? What survive the s best about t	e words of w hat can you tare the hig tress and dr	risdom of so tell them o hs and the ama that v	about acad lows of se vill surely c	demic life venth gro ome the	e? Socia ade and ir way? \	l adjustme how best t	nts? o
This	Year	WW5	fm/	Ih	ad C	a lot	
	friends!	n.	•				
	grey k						
	<b>,</b>						
belder	though out	de.	year. I	W95	r evi	.n stress	ed
or I		Nove C				ŧ	
4 may's	94012	Mat. I	bred	11/5	Vear	Lause	T
Made		of know			7.	difficult	
W45	ignations	40	a New	bai	ldins, I	t ests	better
tro, Trus	t he						
		<u></u>	y a				
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•							
Can this note	e be include	ed in the sc	hool news	paper?_	Yes		

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Name (Please write this note in English.)  Please leave words of wisdom of seventh grade life for nexample, what can you tell them about academic life?  Clubs? What are the highs and the lows of seventh grade survive the stress and drama that will surely come their vibest about this year, and what did you find most difficult	Social adjustments? e and how best to vay? What did you love
Please be meters, and 5 toy calm	
are essier I han youthink.	The state of the s
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	The second secon
	. cp 4204
Can this note be included in the school newspaper?	65

	•
Name Amelia Della Valle  Team Orion  (Please write this note in English.)	Date: <u>6/18/19</u>
Please leave words of wisdom of seventh g example, what can you tell them about ac Clubs? What are the highs and the lows of s survive the stress and drama that will surely best about this year, and what did you find	ademic life? Social adjustments? eventh grade and how best to come their way? What did you love
Hello new 7th grader, I got	some news to tell you
about middle school. Middle Sc	
have to do your work or ele	rnt, even the People You
be a lot lower then it sh	ould be, yes it might
take a few weeks to get us	ed to but you'll conten
On Pretty quick. Listen to Vi	
because if you disrupe +1	here class it's either
to the hallway or ISS J	F you do your wo
and Stay out of trout	ice, then you want has
a problem. The teachers u	ont bother you if you
don't bother them. Enjoy	7th grade!
-P.S - Study for test and	guizzes,
	- Ameria Della Valle

Can this note be included in the school newspaper? <u>yes</u>, <u>Please</u>

Name Coltan Dempsch	Date: <u>6//8//9</u>
Team Orion	
(Please write this note in English.)	
example, what can you tell them about the low clubs? What are the highs and the low	rs of seventh grade and how best to urely come their way? What did you love
Dear, 7th graders	
g and	
7th grade is your first year	of middle school and as an 8th
grader here are some tips to binders organized pay attention	also important in class. And
	homework. Througant your year
you will see that take p.	
bye:(1)	
· · · · · · · · · · · · · · · · · · ·	
Can this note be included in the school	ol newspaper? Sure, Uhy not

Name Madeline Devantior	Date: 6/18/19
Team <u>Orion</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grexample, what can you tell them about according? What are the highs and the lows of survive the stress and drama that will surely best about this year, and what did you find the stress are stress and what did you find the stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress and what did you find the stress are stress are stress and what did you find the stress are	idemic life? Social adjustments? eventh grade and how best to come their way? What did you love
7th grade was by far my	best year. It is
50 fun and such an advant	
to be more responsible. I	f you want to
get good grades you ner	cd to do your
homework and Study. Tr	are some bad things
about Middle School though things you had to do in yo	but its the same
things you had to do in you	ourother school.
Homework, tests and a	ridrama (101) You
WILL get Stressed out at 50	omepoints but
just breathe and know eve	rythings going to
book. This year I loved	
and all of the field trips, es	Specially Darien
Lake. The exams were th	e most difficult
part but if you study ar	d prepare for it you'll
Can this note be included in the school new	' V - mist

fine.

Name Maddrew Team Orion	Distilla		Date:	
(Please write this no	te in English.)			
Please leave words example, what can Clubs? What are the survive the stress ar best about this year	you tell them abe highs and the k nd drama that wil	oout academic li lows of seventh gr Il surely come the	fe? Social adjustn ade and how be eir way? What did	nents? st to
My advice	is to	ob Eyroula	your walk	176
matter what				
160 (2011)		<b></b>		"•
are regar	Ting M	enring 7t	h graders !	4 anyone
16 marional.				
almoss all		•		
to sit who				•
found the				
	• .			
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Can this note be inc	luded in the sch	ool nowspapar2	1/05	

¥.

	m)er	C	oate: <u>6/18</u>	119
Team Orior (Please write this note in Eng	lish.)			
Please leave words of wisdor example, what can you tell to Clubs? What are the highs are survive the stress and drama best about this year, and who	hem about aco nd the lows of s that will surely	ademic life? S eventh grade come their w	Social adjustme and how bestay? What did	nents? st to
my thoughts	<u>sarl</u>	5+U0\$	WOLK	hard
listen to you	ir trac	hers a	nd hav	e fun.
to kepp stress	away t	ry to	KPOP el	1ery + him
In order.	PUT SCI	1001	ork fi	154
to talk to	PPOPIQ	when	YOU AT	e upset
YOU have en				( •
the work t:	s hard	ð		
·				
		,		
Can this note be included in	the school nev	vspaper? /	4e5	

Name Jenna Ditzler	Date: 6-18-19
Team $\bigcirc \bigcirc $	
Please leave words of wisdom of seventh of example, what can you tell them about as Clubs? What are the highs and the lows of survive the stress and drama that will surely best about this year, and what did you find	ademic life? Social adjustments? seventh grade and how best to come their way? What did you love
Hello seventh graders! We	icome to NT middle
school! 7th grade will be	
If you try hard, you'l	~ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
and get good grades.	There will be mony
Fun things like dances, s	sports, clubs, and more.
	ome challenging things
like exams, tests, and h	10 mework. Sometimes
it! be a little overw	elming, but you
JUST have to bear not t	to stress to much
about the little thing	s There might be
a 10+ of drang, so	its its 9000
to try to stay	out of it. Have
an amazing year!	
Can this note be included in the school ne	wspaper?_SUC

Name Maybee Ocaley	Date: 6/18/19
Team Oron	
(Please write this note in English.)	

Dear seventh graders,
In Middle School you have to take 12 periods in between the
periods you have 4 minutes to get to your locker than to your class.
Ef you leave your last class late you can get a pass for being
late. During enrichment you can go to anothers teachers room
for late assignments, late test, or projects. The most difficult class
this year forme was science. In widdle school you can miso join
a lot of clubs and sports like football, year book and home work
Club. To be perpared for classes you need to charge your Tond every
day, have a pencil, and a calculator for main, for halidays you will have
portusitar should keep your lacker alkan is if you loss a paper
you can find it easily. for classes there is barely any howework
but you should always finish your homework because in complete
howeverk can bring down your grade.
Can this note be included in the school newspaper?

Name Clerateth Outall Team Orion	Date: 4/18/19
(Please write this note in English.)	
Please leave words of wisdom of seventh example, what can you tell them about of Clubs? What are the highs and the lows of survive the stress and drama that will sure best about this year, and what did you find	rcademic life? Social adjustments?  If seventh grade and how best to  If you love
Going into 7th grade I w	as really nervous. I didn't know
what to expeat from middle school. It	
elementary school. You should try	
could end up being a lot of fun.	When it comes to your
Schooluprk always stay in tour	h with your teachers. They
Can help you it you're having to	suble under standing something
Like is a lot easier when you're	practically given an aroun
like is a lot easier when you're key to a fest or quiz Try to a	stay organized too.
Can this note be included in the school n	ewspaper? <u>les</u>

Name	Daytore	in a cy	Date:	6-18-19
Team	Orion		_	
(Please	e write this no	te in English.)		

First, I'd sujest doing your home work, Superish or
trouch is a USOU Can start Von start and that
hop rise your still. But only it was home work's done!
If you have the chance with for pakels of the other lenge
You con their learn both. Mrs. Czora loves slaging
hop rise your still. But only if your homework's done!  If you have the chance with for patients of the other langue  You can then learn both. Mis. Grove loves playing  Hahaot & avizer Live for prices! This is an easy
closs, alyon have to do is play gomes and do
home work! This may also be your favor te does
easily. Worth hard and wors can be according at
just tolking. Playing around the world was drawns
my favorite. Good with next year reader.
and the year home with.

Can this note be included in the school newspaper? St pero es nor

Name	Marissa Farrigaia	D	Pate: 6-18-19
Team	Orion	•	
(Please	write this note in English )	•	- ·

Hello, I am an 8" grader... hopfully.. I will be telling you stuff pour should know about 7th grade. There is a lot of work, but not as muchas you probally thought. The Priends you have coming into middle school, you probably wont have coming out I suggest joing some clobs like, year book, recycling, and critter dob. Some highs of middle school are, you make now friends and you form I. At lessons Some bus of middle school are, you lose some friends and it's hard to trust people. If you thought you wouldn't have drama and stress, you'd be wrong. Middle school is droma, Celashinships, Riendship, family, it is all drama, It some one is starting with you, walk away or block them, don't Start more by saying stuff back. The stress is hard too, if you are feeling really stressed, take a break weather its b mineuts as they seem. The teachers I had made My vear amozing. Can this note be included in the school newspaper? [I guess explanation].

Also, stay away from the food. Scriously that start is so on healthy. I bred Darien lake it was really for and cool, but I haled midterns and

Name Etha Fellerhoff Team Orion	Date:	118/19
Team $(\gamma \gamma) \circ 0$		
(Please write this note in English.)		
Please leave words of wisdom of seventh of	grade life for next year's	s students. For

Dear, New Seventh grader.
So you made it to Seventh grade, good
JObl. So you get alor more classos the 6th rade
and you don't have an assinged room.
Also a New Mins is clubs, theres many different
dubs like criller dub or facts club etc. Theres also
Some high and bus to seventh grade lite
there is ald were non-owerk to de.
What I loved were the feachers they were
nice and reasonable, what I didn't like
was the work.

Can this note be included in the school newspaper?  $\underline{SCYC}$ 

Name Josh Fisher Team <u>Of 1011</u> (Please write this note in English.)				Date: <u>6/</u>	18/19
Please leave very example, who clubs? What a survive the streshest about this	vords of wisdo It can you tell Ire the highs a Ess and drama	m of seventh of them about ac nd the lows of that will surel	cademic life seventh gra y come their	? Social ac de and how way? Who	ljustments? w best to
J45+ 16	etting you	e new your	ns know to	hat it	Will be
tough yo	ou will	hall	Some	51r4991e	's, B'4+
	11 hak				
	On and				
orginized	. If not	40411	fretty	mulh	ье
Patting yo	hrsolf in	a war	With	no th	aining,
There i	vill be	cleana a	nd if	.+	MOTES YOU
• ,	get out				
regres ge	tting into	it, So	9001	140	K 9273
try to	Stay organ	lized it	will	hurt	164 ip
the end	1				
.,					
Can this note I	oe included in	the school ne	wspaper? _	s ure	

Name Blo	Vec Fit.	2015 Ad		Dat	e: <u>6/18</u>	5/10
Team Ac	GA	0				
	ite this note	in English.)	_			<u>-</u>
•		<b>3</b> 7				
Please leav	ve words of	wisdom of s	eventh arad	e life for next	vear's st	udents For
				emic life? Soc		
		and the second s		enth grade a	•	_
				me their way		
	this year, a				: Wildi Q	u you love
besi about	i ii iis yeur, ui	na whai ala	you iiid iiid	isi diliculi:		
I 5	njest	don	t try	h	Cit	N
with				kide .		7+
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go <sup>ger</sup>						. /
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Can this no	ote be includ	led in the sc	hool newsp	aper? OM		

Name Property Formand	Date: <u>6-18-19</u>
Team <u>ACIES</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life Clubs? What are the highs and the lows of seventh grade survive the stress and drama that will surely come the best about this year, and what did you find most difficulties.	e? Social adjustments? ade and how best to ir way? What did you love
Next year in middle school it	te really important
to heep your grades up so you do	
summer school. Social adjustings	
mond since you already. Know all	
other Students. If I were you	
ivolved with a many clubs and	
can so you have something to	
after school is over My Favo	write thing about
The grade was society I had	
Try not to get in voted in to	
Decare 4 will mess up your life.	
strasol just ergy the school y	· · · · · · · · · · · · · · · · · · ·
40 worry to much. The worst &	
school year was getting up each	
Can this note be included in the school newspaper?	<u> </u>

Name Logan FUY MAN  Team Origin  (Please write this note in English.)	Date: <u>\$ -\\$ -\9</u>
Please leave words of wisdom of seventh example, what can you tell them about a Clubs? What are the highs and the lows of survive the stress and drama that will sure best about this year, and what did you fin	cademic life? Social adjustments? seventh grade and how best to ly come their way? What did you love
Kids work hard study	and focus, Don't fry
periods Atlunch Fine	r Zanda half Marking La table and sitiat it.
Maybe join for jen Critter club. The h	languege clubor
the lows are work. Brin	ig something small that
Will help you with a fress or loved that When you wer	nd ignore drama. I 1 + to the library you could
play games like coolmath unblocked. The most diff lying to my parents and	
lying to my parents and like 6 months.	getting grounded for
Dragon bell super.  Can this note be included in the school not	the Dragon ball Z the  ewspaper? Ye ab

Name SaraGabel	Date: 6/18
Team Arics (Please write this note in English.)	- · ·
Please leave words of wisdom of seven example, what can you tell them abou Clubs? What are the highs and the lows	s of seventh grade and how best to orely come their way? What did you love
It's not much of a	Change. Though now instead of
	School you're the youngest
	nose where it doesn't
	e fine. Just leave people
alone, Jon't Start Somet	
just chill with your tho	
blast	
>	
Can this note be included in the school	newspaper? Sure

Name Dylan Gaanan	Date: 6-16-19
Team Aries	Date. <u>6 10 f</u> /
(Please write this note in English)	

Some words of advise to people coming into Seventh grade is to do your home work when you are sapose to not a day after if was do. Because you don't want to be playing cutchup the school year You can't make up at hoor points in the last marking period, Don't skip school or classes you only hurt Your self and grodes by doing that Study don't be unprepared, and most importantly enjoy middle School. Don't act like you own the place and, Abosolutly talk to your teachers and counsiers about questions and Problems. And it one of your frieds is not and leave them alone,

Can this note be included in the school newspaper? Yes

Name hira Gajewski' Team Orion	Date:	6/18/2014
(Please write this note in English.)		

Dear Sevies,	
	middle schools Ves
it will be confusing a	•
to be hard to ajas	
but once you know	where to gen, your.
good. No matter what	happers, there will
he drawey just herp	
of it and you'll be	
tons of clubs and	I'm sure you'll
find one you like,	personally time
gaing to conter cla	
Straight alliance. 665	a) Study will
be difficult and Exam	is one tough but
you'll get through it.	
Can this note be included in the school ne	wspaper? If you wont

Name Cianna Cialletta	Date: 6-18-19
Team <u>Aries</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grade example, what can you tell them about acade Clubs? What are the highs and the lows of seventh survive the stress and drama that will surely cobest about this year, and what did you find more	emic life? Social adjustments? enth grade and how best to me their way? What did you love est difficult?
I think I'm grade w	asit hard at
all to move was happy	en I woold
be really positive, p	
do your work also mak	•
My most haidest so	
science and social	$\vee$ .
THOOD I THOU	ay affention
but then when I	
to, I prosed and	It art me
to a better point	
Good III	1766
*	
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Can this note be included in the school newspaper?

Name Denis Gargun	Da	te: <u>6/18/19</u>	
Team Aries (Please write this note in English.)			· ·
Please leave words of wisdom of seventh example, what can you tell them about a Clubs? What are the highs and the lows a survive the stress and drama that will sure best about this year, and what did you fire	academic life? So If seventh grade only Bly come their wa	cial adjustme and how best t	nts?
All You have to do is not stress	always Study	for tests	and qui
Always do your homework for every	·		
Always do the best You can. Bell			
Stay on the right tack.			
		-	
		<u>.</u>	
· · · · · · · · · · · · · · · · · · ·			(m) (m)
Can this note be included in the school n	ewspaper? <u>Ye</u> S		

Name	Delancu	Carren	Date: (	6-18-19
Team_	Acies	700007	Dale	
(Please	write this note	in Fnalish \		•

I'm grade was a piece of cake, Piguratively speak It was fun, you get to go to parien Lake at the end of the year so it makes it all worken. while Just some pointers, try to stay organized and try not to get transled in the ball. After the first Few days, you should be fine the first week or so your trachers will be leanant and be fine with - your a minute late. There's so many clubs and sports you can do. Oh, and you get FACS this year! Yay! So can coock reciptes, and it it looks an eat it. And it your in nakes your day so much you've gotten the best bond beacher you a can this note be included in the school newspaper? <u>Yes</u> 00, Technology! You get to make wood projects, Ise get to do stuff Mintis don't wary about the drama, you'll get used to st

Name Dominic Grolando Date: 6-18-19
Team <u>ONCE</u> (Please write this note in English.)
(Fedse write mis note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
They have of solver to solve a
They have to study to get good grades
and don't want till the end of the year
to get good grave do it all year so.
you don't have to go to summer school.
try to stay out of the drama because
you will most likely loose friends and get
introuble from it. I love how I met lota
of new friends this year the tests
and homework were difficult.
Can this note be included in the school newspaper?
The field be included in the selfool flewspaper:

Name Savapalaa Galala	Malo
Name Savannha Goldo D Team Aries	Pate: <u>6/18/19</u>
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for ne example, what can you tell them about academic life? S Clubs? What are the highs and the lows of seventh grade survive the stress and drama that will surely come their we best about this year, and what did you find most difficult?	ocial adjustments? and how best to ay? What did you love
Dear Thy graders	
School in 7th is hard but eas	sy-for the most
part you just have to keep -	track of your
grocks and do your honeuvick a	and try your
best. Its best if you stay aw	e <sup>1</sup>
drama because it will make your	•
life alot easier, join a clu	ob be a
part of your school community	
Sports arent every ones thing	but that's why
they have clubs. and stay and	by from socail
media dramato and this you	
find out who your true free	
have for and good luck	- States with
Can this note be included in the school newspaper?	

Name Secon 6000 in-mobile	Date: 6/18/19
Team DMILS	
(Please write this note in English.)	
example, what can you tell them a Clubs? What are the highs and the	eventh grade life for next year's students. For bout academic life? Social adjustments? lows of seventh grade and how best to fill surely come their way? What did you love you find most difficult?
In my opinion, the 7th grad	etichers help out more and Boke
around. I hope that purlike	2 with grande Just 18ke I div. Jon
will have pur but also	ety different than elementary School, ethaners help out more and Foice sweath grande Just rike I div. You make Sure to keep pur grades up.
	- Sean Godin-moeller
*	
Can this note be included in the sc	hool newspaper?

Name Joseph Gragon	Date: <u>6/18/19</u>
Team Arics	Date. <u>vs/18/11</u>
(Please write this note in English.)	
Please leave words of wisdom of seventh grade li example, what can you tell them about academ Clubs? What are the highs and the lows of sevent survive the stress and drama that will surely come best about this year, and what did you find most	ic life? Social adjustments? h grade and how best to their way? What did you love
Middle school is abot d	Recent Gon
elementary School, The teac	
nice so you don't have	to word alout
that I love the team	events and
for dups ne ned. The	
scienth grade is the	
middle school you get	
Good lick and have	ter.
Can this note be included in the school newspap	er?

Name Loci Gregorio	Date: 0-18-19
Team $\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$ (Please write this note in English.)	~
Please leave words of wisdom of seventh of example, what can you tell them about as Clubs? What are the highs and the lows of survive the stress and drama that will surelibest about this year, and what did you find	sademic life? Social adjustments? seventh grade and how best to y come their way? What did you love
Hello Sevys, I wanna giv	e vou a few tipo about
7th grade. Don't panic bear	ause 7th 15n7 06 bad as it
Deems. Just don't invoke you	ourself in codos drama
because its not worth it	. If you need help
With anything in school the	
that will help. The worst	thing about middle
School is the exams but	they're not bad. Just
make sure to always +	ry and make new friends
and pay Ottention	,
Can this note be included in the school ne	ewspaper? Sure

Name  Team  One  (Please write this n	ીંલી ote in Engl	ish.)				Date: _	6/16/1	2 
Please leave word example, what ca Clubs? What are the survive the stress about this year.	n you tell th ne highs and ınd drama l	em ab d the lo hat will	out a ws of surel	cademic seventh y come	c life? grad their	Social le and way? V	adjustn how be	nents? st to
Study ha	ld and	Ġ0		le - W	arc	40	Na	. dont
$\cdot \cdot \cdot \cdot \cdot$	team a			<b>b</b>	er-	AMI	ON	m!
And Ot	the	erá	SP	te	Year	- You	d 90	4
darien 10	ike Wh	h 41		frields	Oi.	d M	) to	eachus,
175 great.	B w 400	COMP	W	14	M	907	in All	More
a 107.						-		
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Can this note be in	ocluded in t	he sch	aal na	wenana	\ \ \r2	105		

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Name HOM HOME Date: 6/18/19  Team Acces (Please write this note in English.)	—
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you low best about this year, and what did you find most difficult?	
so my advise is to not worry	
a lot about things. For example	
getting to class on time or open	_ <u>`r</u> iq
your locker because its	
a lot easier than you this	n k
A150 Study, it helps.	-r)
Also try to participate in a club or	
sport and try to get involved	
with things.	
The most difficult thing I four	-d
this year was probably catchin	
up on work I missed when I w	CZ O
SiCh.  Can this note be included in the school newspaper? OCh	Total Control

Name	Date:			
Team(Please write this note in English.)				
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?				
Dear Seventh Graders.				
- The year in my most favorite year	Seventh gade was probably because it was so fon.			
We don't got much	homework so it is easy			
through the whole ver	ar. What I loved about this			
year was that we w	ent to Darien Lake. What			
I found was most d	ifficult was the projects			
we do for our class	D			
·				
	Sincerely.			
	Sincerely, Jayden H.			
.,				
Can this note be included in the scho	vol newspaper?			
· ····· and in the self	or nompupor.			

Name Samantha Herder	Date: <u>6/18</u>
Team (Please write this note in English.)	
Please leave words of wisdom of seventh g example, what can you tell them about ac Clubs? What are the highs and the lows of s survive the stress and drama that will surely best about this year, and what did you find	ademic life? Social adjustments? seventh grade and how best to come their way? What did you love
Dear Seventh Brader,	
Congrets! You make it to the make school.	There are So many things to how forward
to like Clubs such as Critter club, foren langa	ge, 2nd GSA. You also get to
Start Spanish/french Class. You also get to g	go feeld trip at the end of the year like
Daren lake. Never mss out on a feel trip because	You will have fun, even if you don't
expect it. In your classes, make sinc to p	ay attention and keep your binder
Meat! This will save you from Stress at the	ne end of the year when it is
time to Study for exame! Make Sure to look	6 Over review Packets and take practice
Quizes on Schroly to prepare for your exch	ns. Good luck! Have fon being e
Seventh grader, I Know I die.	
	-Samanha Hendler
Can this note be included in the school nev	wspaper? <u>Jes</u>

Name	Cabriella	Herman		Date:	6/18/19
Team _	Aries		•		
(Dloge	a write this I	note in English )			- •

It you end up on team ones or team onen you. will really great teachers and you will meet lots of new friends. The academic life could be sometimes. difficult and sometimes easy. The social adjustments that you will have to make are with teachers and with frends. Some of the clubs that you can join are foreign language dub, year bade dub, and crities clob but don't worry there's a lot more that you can chase from How to best avoid drama is by not getting involved in other peoples business. The thing that I loved about seventh grade was all the fun activities we got to do. The thing that I found difficult about this year was homework. To get good grades governust hand in all nomeworke Can this note be included in the school newspaper? Yes

Please leave to example, who could be seen to be seen to be strong to the strong to the strong to the strong to be strong	at can you are the hig ess and dr	tell them hs and th ama that	about ac e lows of s will surely	ademic li eventh g come th	fe? Soc rade ar eir way'	ial adjus id how b	stments? Sest to
Have good	lgrades	be Happ	py and p	olay spe	rts.		
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Can this note	be include	d in the s	chool nev	/spaper?	Ves		
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94 / 1 (1	e e e e e e e e e e e e e e e e e e e	1	1		?	n grant p	

Name Kayla Hachadel.	Date: 6/18/19
Team Or on	
(Please write this note in English )	- ·

Hello seventh staders. Now don't be too Scaled seventh grade 15x14 that hard as 1019 as the teachers like you and you come prepared for class. Now if you have a best friend that's on your team then all im saying is 5 1054 Mine in Seventh Grade and I don't regret it because = aftually made way more triends and it was not hard at all. But also don't tell everyone your series becouse that how = 1054 my friends 50 don't be that kerson. Also don't try to be cool and date People because it's Sust a waste of your time and really it's just not cool. Here's your last tip try to to existence on the first day so you know Can this note be included in the school newspaper?

Name Samantha Holenstein Date: 6/	18/19
Team <u>Arues</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grade life for next year example, what can you tell them about academic life? Social ac Clubs? What are the highs and the lows of seventh grade and ho survive the stress and drama that will surely come their way? Who best about this year, and what did you find most difficult?	s students. For ljustments? w best to
Always be sure to stay organized and ma	ke sure
that once you get a paper, put it where it	
(and not in some giant stack of other papers	v
Schoology every night for your honework, but	
to Teachers during class, because they won't	The second secon
remember to put everything on Schoology. Also	•
shy to try out a club even if it just peak	
interest a little lit, because you don't have	
back if you didn't like it.	<b>u</b>
	•
Can this note be included in the school newspaper? $\iint g_A$	

**)** 

Name Paul Beres	Date: 6/18 114
Team Ohion	
(Please write this note in English.)	
Please leave words of wisdom of seven example, what can you tell them about Clubs? What are the highs and the lows survive the stress and drama that will su best about this year, and what did you	academic life? Social adjustments? of seventh grade and how best to rely come their way? What did you love
Coming in to 7th grace mig	nt seem a bit stessfull
but if boy por addition are	
you probab gomma hered her	people and make friends tout make Swee
there goodfriends came the	
the Good thinkabour 7th grade	
things it here extess 50 5 15	
most about this year Use	the feethers the resonler
Md tunto be around	
	·
	· · · · · · · · · · · · · · · · · · ·
Can this note be included in the school	newspaper? SWC

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Name Evan Johnson	Date:
Team <u>Onon</u> (Please write this note in English.)	<u> </u>
example, what can you tell them Clubs? What are the highs and th	seventh grade life for next year's students. For about academic life? Social adjustments? e lows of seventh grade and how best to will surely come their way? What did you love d you find most difficult?
10 Start it aft up	e will love To grade, you
have will mon	e freedom in the Middle
exchaol and but h	we to walk in a line
10 Natural M	yways study because that's
one thing I'm	not the west at and
_at a axxel o	roup of friends that wint
Marc wolf And	lasty do sourts especially
licrosse ux nece	d heade and was work
_ like it trust 1	
Can this note be included in the s	school newspaper? Sure

Name Colley hamberry Date: 6-18+101
Team Orion (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
This was one of the best years ever!
Let me tell you my words of wisdom. "Stay out of dramo". Its crazy. Also
Stay on track of work. I fyou can
balance Friends with School work then
thes year will be easy, If you can't then it will be difficult. he ep your locker
Clean don't worry about other people only
you Good what have agred
year!
Can this note be included in the school newspaper?

Name Joshua Geenan	Date: 6/18/19
Team	
Please leave words of wisdom of seventh example, what can you tell them about a Clubs? What are the highs and the lows o survive the stress and drama that will sure best about this year, and what did you fin	cademic life? Social adjustments?  Is seventh grade and how best to  Iy come their way? What did you love
Dear Future Seventh Graders	
Seventh grade isa	huge adjustment From
Seventh grade isa 6th grade. Home work is ass	signed rightly. However
You can Join dubb, a few	examples are FACS dub
Foreign Language Critter	Club de l'ransitioningin
you may lose Friends, but	you will definely make
more. If you think so	mething is wrong show
your voice. Stand up for	
grades are easily achieve	able as bryasyou
Study. Be Strong and y	
· · · · · · · · · · · · · · · · · · ·	
Can this note be included in the school no	ewspaper? $\sqrt{e5}$
The state we more and in the school in	omopaper:

Name Stephen Team Ocion	Kelly	Date: 6/18/19
(Please write this note	in English.)	

The Academic life is harder than a moderate learning life. Your social different might change depending on if you do clubs ractivities in and out of school. The highs of Goventh grade are the classes and teachers you get. The lows of Seventh grad is being the youngest ones in the Building and the bullying. Don't Stand for bullying and Just do what You normally do. The thing that I oved best was getting new friends. he most difficult thing was being myself and not caring what others thought.

Can this note be included in the school newspaper?  $\gamma$ 

Name Diana Whas a nova

Team Period: 8-9

(Please write this note in English.)

Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?

+ grade can be tricky but once you get to know the school better and the classes and new students, it gets easier. You should find good. friends that can help out each other and always be there. But it drama starts don't get involved if it isn't about you cause then you wish you Started it. Classes can be hard, but there's one they to great success and that is that you have to listen do your homework, and study for quizzes, tests and exams. If you have stress and stuff you worn a talk about we have nice consters that you can open up to onytime you have something to talk about with someone. I but that I meet many new. friends and enjoyed a big year with Mem. Homework was a lot hander for me, couse there was so much, just make Can this note be included in the school newspaper? Yes it may don't waste your time in clas 404 talking to being distrubtive, just do your work won't have alot to do when you

hame.

Name Megan hinney Date: 6-18-19				
Team Onon				
(Please write this note in English.)				
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?				
This year went by so fast! 7th				
grade has been an amazing years				
I got to learn how to seenth French and.				
all of the cutor that comes with it! Some Word				
of wisdom I can tell up coming 7th.				
granders is to not stress about the small.				
stuff. All the teachers are so understanding				

thing I can say is if you pay attention in class 7th grade will be so easy and pass right by. In your study halls/Enrichments teachers are willing to help! Tood luck all new 7th graders! I promise you'll do great.

Can this note be included in the school newspaper? Yes

Name Luke holbe	Date:	6/18/19
TeamAries (Please write this note in English.)		÷ .
Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life? Clubs? What are the highs and the lows of seventh grad survive the stress and drama that will surely come their best about this year, and what did you find most difficu	? Social a de and ho way? Wh	djustments? ow best to
Seventh grade will definitely	be ho	ard and
stressful at times, but it is all p		
up. But, despite the drama between		
always have the oppritunity to ma	ke nev	v friends.
You will meet so many people	along	the way,
such as amazing teachers, and sta	udents	. I think
the best part of seventh grade	15 th	e fun days
that the teachers are generous ex		
Also, of course, Darien Lake!		
far one of my favorite field tri		•
exams are not as hard as you	may t	niok. If
you do good in class and study	-	
be pretty easy.		-
Can this note be included in the school newspaper?	Yes	

Name Candlin Kruch		Date: 6-18-19
Team Ands (Please write this note in En	glish.)	
Please leave words of wisdo example, what can you tell Clubs? What are the highs a survive the stress and drama best about this year, and wh	them about academic li and the lows of seventh g a that will surely come th	fe? Social adjustments? rade and how best to eir way? What did you love
In 7th gro	de, gon mig	ht get more
bonewak then	Inst sear by	t now tite
)	•	turn in your
homework and		
be on the righ		
•	·	activities we
• •		+ projects were
difficult.		
	·	
	:	
Can this note be included in	the school newspaper?	W

	Mile	1					6 /	
Name_		n Low	U			Date: _	6/11/19	7
Team _	Orie							
(Please	write this	note in En	glish.)					
example Clubs? survive	le, what c What are the stress	an you tell the highs o	them abound the lo	out acac ws of se surely c	demic life venth gro ome the	e? Social ade and ir way? V	ar's students. Fo adjustments? how best to Ihat did you lov	
Mille	thera	nouls.	Le.	its 1	row	lint	year in	
me	lile,	wheel,	asrel	min	47	Well	for starte	£
Jus		nizad!	_	Contract of the Contract of th		1	بأسب سرع مصرت	/
Mil	They	to!	1 M	en de	e ne	true	A 22 Cap	<b>,</b>
That	f Bid	and		_				<u> </u>
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Can this note be included in the school newspaper?

Name Nicholgs Max Lesmeister Date: 6/18/19

Team Avies (Please write this note in English.)

Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?

Welcome to the seventh grade This Year will become a tyrning point in your life, Here you will meet new friends and new sylvects sych as. Spanish/French, health, and FAC. The seventh grade is split into two tegms so you may not see some of your old friends in clase but you will meet new friends who are going thought the same strugle of getting throught this year in one piece, Just like you, Lots of drama and lies are spread through the halls which can be annoying and mean but the best way to survive this free for all of a year is to keep your person glitt the same be your self one 1957 thing good lyck your gonny need it.

Can this note be included in the school newspaper? Yes

Name Elizabeth Marchiano	Date: 6 - 18-19
Team <u>Orion</u>	
(Please write this note in English.)	
Please leave words of wisdom of seventh grexample, what can you tell them about according Clubs? What are the highs and the lows of survive the stress and drama that will surely best about this year, and what did you find	ademic life? Social adjustments? eventh grade and how best to come their way? What did you love
Pear Future 7th Graders. Say	goodbye to sitting in
one class soom all day and wal	
with your teachers in lines.	Your in Middle School
Now. Which means responsibil	
are extremly rice but their	
in middle school then their	
and trust me the work;	· · · · · · · · · · · · · · · · · · ·
I promise as long as you K	, , ,
your home work and your	•
be Fine. But there is one	
The grade Simply respect yo	ur teachers If you
respect them they'll respect	r gow (And Some times
they may have your a little bi	
Just follow this Advice, an	à you'll be fire.
Can this note be included in the school new	rspaper? \\emptyset{e9.}

Name Noah Matyerich	Date: 6/18/19
Team Oylon (Please write this note in English.)	Date
Please leave words of wisdom of seventh grade life example, what can you tell them about academic Clubs? What are the highs and the lows of seventh survive the stress and drama that will surely come to best about this year, and what did you find most did.	life? Social adjustments? grade and how best to heir way? What did you love fficult?
Seventh grade is super	Sun, There are
many Sun things you can do /1	
critter club, on Soring language	e dub. Yo should
always hand in your homewor	
will boost jour average, In	
you don't get a lot of homework and is	(3)
easy. Huays be ready for every fee	
Midterns and Final exams, Those of	ests you't be
hard is you study for ment	Think you would
hard is you study for them. I really a joy seventh grade	/ ·
Can this note be included in the school newspaper	? yes.

Name EM Way Duster Date: 6 [18]19
Team <u>ONO M</u> (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Welcome to 7th grade! Et youre
ON orion and you set these ince
teacher as your nomeroom, youre
lucky. Because the science reacher
nasaningls [+ You've an an inglious
A150 the tachers are mice for
+ne pirst 2 marringperiods +ne 195+2
the pirst 2 marringperiods the 19542 Marring reviods the ygo glittle handen
onyou. The thing I loved this year
was the endoene year party and
the thing that was difficult torme
Wasclean noout My locker
Can this note be included in the school newspaper?

Name Kaylie MANDEN	Date: <u>0</u> /16/14
Team	
(Please write this note in English.)	

tuture 7th graders, In warning you about teachers, their crazy, But again great teachers, they will help you throughout the year and pash you to do your best. One thing you might want to know about clubs are that you don't have to join them it you don't want to Another thing is, is that you will get used to the building over time Its not as big as you think. I recomend always studing for texts, quizes, and exams because some are challenging. Be ready for drama try to avoid it as much as possible because some things can lead to major trouble. What I loved about this year was definitly my teachers and Spanish I found spanish for one thing I found must difficult was boline I was always stressed about the and if I was late But other than that have a good Can this note be included in the school newspaper? <u>Vean Sure</u>

Name Maching Melchione	Date: 6/19/19
Team(Please write this note in English.)	
Please leave words of wisdom of seventh example, what can you tell them about Clubs? What are the highs and the lows a survive the stress and drama that will sure best about this year, and what did you file.	academic life? Social adjustments? of seventh grade and how best to ely come their way? What did you love
Dear incoming 17th angle	
Don't focas	on how many friends you
hove or what you we	ar Focus on your school was
thats what will get	you through the year Alto, sk for help, aco demicly or
in general. If someone	or-something is bathering you
and study. Book stu	y sessions into 15 mins for
each closs per night. Gre	thing cought up in dooma
or your triends drama, to	cas ou houself, and hav
_graces.	4.74
Can this note be included in the school r	newspaper? <u>VCS</u> ,

Name	Delaney	Mesler	Date: 6\18\19
Team _	orion		
/Diagra	write this mate in	English \	

Dear Seventh graders,
I'm sure this feels very strassful but trust
me it will get better. Work hard and make
the most of it. Try your best to keep
your grades up. This time to find your
Frue Priends, make those you call Friends
mare real. There will be drama but
it wont last porever. Make you
join some clubs to get away from
Whatever Struggles you may be facing
Just rememben it will always get
better.
Can this note be included in the school newspaper?

Name _		OMMC_	More		_ Date:	15.00
		note in En		Vrs. (20	ra e je	ricc h
exampl Clubs? V survive	e, what o What are the stress	can you tell the highs o and drame	them about ac and the lows of	cademic life seventh gro come the	e? Social a ade and ho ir way? Wh	r's students. For djustments? ow best to at did you love
14;	1 Patricks	13+	1 400	30 30 C C C	f.west	160 C
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		The second secon	·	Markey bir Lang process.	स्था (स्थाप कर स्थाप करें) पहले .	- was and the same of the same

Another Cool thing about middle School is you can juin clubs There are a lot of them! My founds was either elwo. Which 18 ran by Hrs. Hunny. The Heachers are awesome! Now. If you get thrown into drainner, thretty much eventione does at Some pointly you could talk to Mrs. Duffy or Mrs. Everts. They
will ship you retring! seen

I loved, everthing! seen

I loved the freedom, Clubs. teachers, and exploratory, classes Which are FACS, Heath, Writing, Cooking) works and Art. The most difficult part for we was overly Used to to 12 events by But, anywais, have a ten year in it and an interact Stooms)

Name Gruendolyn Moran	Date: 6/18/19
Team Original	
(Please write this note in English.)	

HI I am Gruen. 7th grade so amazing. You meet all new friends, meet the most amarine, teachers ever, and have so much for dis covering newstrings. Your acidemic classes are great. In math your do parkets Kahoot and quiezez. Inchours and band you sing or play an instament. Of courses you learn new music and have ausome lesson groupes Jocial Studies is an adventer with movies and acting musicand mysteries, English is funny and makes you laugh. You teacher does, everything you do to. Lunch is hough. Science you do project in lahaauge 15 30 amazi can this note be included in the school newspaper? yes.

You have a great teacher also. You try new foods, play games, do projects, and even make viedos. Also mako sure to get pour particeapation Lickest: Tech and gym you do soi many sports and build cars, program robbs, and build saws. Enerich ment make sure to And each exploritory classe is a different adventure. The only down sigle is you can be seperated from friends, but don't work, Friends will be easy to find. I hope you join at least one of the club, because they open your horrisens. Also, I hope unidelle Schoolis just as great for 100 as it was tor me! 75 %

> Guendolph Moran

Name Obracuoh	Morath-Lest	Date: <u>(6/18/19</u>
Team Mried V		
(Please write this not	e in Enalish.)	•

Welcome to Swerth grade! Seventh grade will always be tough because it's now and it's like a new level of responsibility but yours Strong and the teachers and other 8th grades will always be here to help. The teacher will be able to help you whenever you're confised, but they exent mind readers so make suce to say Something Middle school & where you will prest now angole and find out the truth of how other are, But everyone fits in. There are also clubs like wither black if you're en animal person or if you the books three , The Battle of the Bocks. Middle school is where people show know true Color, and it sad to say this but some people distance and change but there is always new propler Is your Sect stressed you could go talk to Ms. Evats or Mis. ins. + believe in youall. Have a graticumant Can this note be included in the school newspaper? 🔱🗈

Name Jayden Morono	Date: June 18, 2019
Team <u>orion</u> (Please write this note in English.)	
Please leave words of wisdom of seventh greexample, what can you tell them about according to Clubs? What are the highs and the lows of sesurvive the stress and drama that will surely best about this year, and what did you find response.	idemic life? Social adjustments? Eventh grade and how best to come their way? What did you love
7th grade work is very a	ansistant but in my
eyes very easy. Like for	
get homework but when yo	u dry in the consept
is very easy. And wests a	re youally -raivly eas
and if you do good an il	ne lest your adrage
will go up and you want	have to worky ase
failing. And the teachors wi	Il do everything they
con to get your averages u	p of their drop there
will usually be bo point i	tems as simple as
"keep your binder organised"	This con really hely
you grade or hert it.	That is my opinion
on 7th grade.	
Can this note be included in the school new	rspaper? Nes

Name Emily Newson	Date: 6-19-19
Team <u>ONDY</u> (Please write this note in English.)	
Please leave words of wisdom of seventh graexample, what can you tell them about acade Clubs? What are the highs and the lows of seventive the stress and drama that will surely a best about this year, and what did you find me	demic life? Social adjustments? venth grade and how best to ome their way? What did you love
seventh grade is differ	rent then elementary
school because there is	
more tests. One way to m	· ·
easier for you is always	
your agrace area pay	attention because
when exams come they	
all about the staff you and	
best about this year was	
went on because even	- marker i
fowared to them. The most	
me was mosth.	
Can this note be included in the school news	ogper? SUNS

Name Aciana O'Connell	Date: 6-18-19
Team_Hies	
(Please write this note in English.)	

If you do your homework and study for tests you will have no problem in the academic field? I know Some people are quiet but soin a club it gets you more. involved and they're for. There will be drama and it's amoying but, all you can do is to stay away and don't let people bother you because it doesn't matter? Make friends, have fun, do your work! The year will go by in a second so don't waste that second on drama. Trust me I throw you don't want to wake up at 6.00 in the morning. Itt least when your done with the day you can nap & Hnother thing that will make the year easier is not going to bed a 1:00 A.M Prade I for sure did 8 Have fon in 7th Can this note be included in the school newspaper? <u>VES</u>

Name Tyler Oliver Team Origin			Date:			
	this note in Engl	sh.)	* *			.*
example, who Clubs? What o survive the str	words of wisdom at can you tell th are the highs and ess and drama t s year, and wha	em about a d the lows of hat will sure	cademic lift seventh gr ly come the	e? Social of ade and h eir way? W	adjustme ow best t	nts? to
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For		irention				
Louis	managene	M-1 1	try St	with	15	the
Meyi	What	August .	found	most	diffu	cult
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Can this note	be included in t	he school ne	ewspaper?	Sure	Wh	y not

Team Orion	Date: <u>JUNC 18 7(010</u>
(Please write this note in English.)	
Please leave words of wisdom of seventh grade example, what can you tell them about acade Clubs? What are the highs and the lows of seve survive the stress and drama that will surely conbest about this year, and what did you find mo	mic life? Social adjustments? enth grade and how best to me their way? What did you love
Heyguys. So 7th grade isnt	as bad as they
make it look on movies. It's actu	
you come into 7 grade you	might be a little
shy. Well don't be because every	ona is friends here.
If you don't have a lot of fr	iends this is when
you can make them. We have	lots of clubs
Such as: boys+girls club, sports	, yearbook olub, newspape
club, and so many more. 40 she	uld set goals for yourse
and give 100% effort ever	•
will be drama but usually.	I just walk away from
it. My favorik thing about - lake field trip. I found mat	7 grade is the durier
the year work be so bod	
kids call nou series.	

Can this note be included in the school newspaper?

Name Samartha Ott	Date: <u>U/18/19</u>
Team Michigan Control of the Control	
(Please write this note in English.)	÷

Dear seventh arraders, Welcome to NTMS. Being in middle school was a little tough for me with recurring new things, dealing with drawn, and just adjusting. What you need to move is that you are not alone. Your satrod courseolor is alway there. No mother now embarrising it is les you will deal with draine but never up to the avaluer of a fight. It hunts the school in many ways and you will get in big trouble. Malhe sure you know who you Priends are and maure the right choices. Always try your howoest, and ash for help if you need it. Clubs are always from to Join. You get to meet hew people and learn new Can this note be included in the school newspaper? ()

things. I loved all my teachers are all my friends. Make sore you do all your work study, and stay organized. It will come back in the long-run. Howe for and stay sore!

Name Venno Penfold Date: 6-18-19
(Please write this note in English.)  Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love host about this year, and what did you find most difficult?
best about this year, and what did you find most difficult?  Description of the control of the c
Hello. No mother what class your
HORMONSPORISH OKTORING ) YOUR QUIV.
CO LONG MONOR JANGO CH TO
THOUR CRUITLET Live Kansot. All the
Jasses up a take should be your
the priority bort slack behind
101/ 1101 get 1100 housed bet 1000
Ethinop like Jayrou and Stidue
ENERY MINISTER CALL SINGLE
Can this note be included in the school newspaper? $\sqrt{CS}$

Simportico, carsiñoso y Donita. Me gusta bistec. No adro quesoly to?

Name Elyssa Pennell Team Orion	Date: <u>6/18/19</u>
(Please write this note in English.)	į.
example, what can you tell them ab Clubs? What are the highs and the lo	venth grade life for next year's students. For cout academic life? Social adjustments? ows of seventh grade and how best to I surely come their way? What did you love ou find most difficult?
Dear Seventh Grad	OS,
My advice to you is	to Study for tests and
	or homework! Dan't put
projects off until	lost minute, and start
	find out about the project
Join a few extra	
mother if they are	e sports or clubs.
Make new friends	and keep the old
Frencis, Good luck!	You will ab great b
Can this note be included in the sch	ool newspaper?

Name Thomas	Polex			Date:	6/18/	19
Team Aries						
(Please write this note i	n English.)				- ·	
Please leave words of wexample, what can you Clubs? What are the hig survive the stress and drubest about this year, an	tell them on the the transfer that we then the transfer that we then the transfer that we then the transfer transfer the transfer transfer the transfer	about aca lows of se vill surely o	demic life? venth grad come their	? Social one of the same of th	idjustme ow best t	nts?
Coming into 7	7th grade	is a	very L	nig cha.	ne Vo	IV get
more homework	and yo	n have	more r	CS JUN SI	bities,	This
is not like E	Tempary.	school u	here y	OU (O1)	gcof	off
or not study	or not	do you	r home	work.	There	15
a lot more pr	* *					
sports teams			•			
Sport you need	good g	rades:	You w	:11 ha	ve a	good
succesesful year	like	I did	hopeful	l y .	•	
		e at 1				
	<u> </u>					
		·			* <u>-</u>	•
	* ***					
Can this note be include	ed in the sc	hool news	paper?	Sure		- -

Name Cambon Priester	Date: 6-18-19
Team(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life Clubs? What are the highs and the lows of seventh grasurvive the stress and drama that will surely come their best about this year, and what did you find most difficulties.	? Social adjustments? Ide and how best to Ir way? What did you love
7th grade can be trugh-for	
Of Sturil. Miserable rescons, Yo	
malce it worse in and different	way then it.
dhready is so I would suggest s	tulying A LOT
Studying on team Orion Was	SUPER PORY
Seeing us 4/5 of my core	class / carhers
used the City ancel quizlet. Quizlet	
The main study Mesource that poli	red me Ihr
year, and it Oid me pretty	Well. But other
Then that sust have fun	and don't
let conyone get to you	CONV /011
should have a fun	Limne "
	· · · · · · · · · · · · · · · · · · ·
Can this note be included in the school newspaper?	Yes "

Name Date: 0-19
Team () () () () () () () () () () () () ()
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
_ Now, middle school isn't as hard as
You Anni. Some work can be bard,
some can be easin. The teachers are
sery Kind, and will help you if you
ceed it. If you know there's any drama.
soine on, do what I do and don't
get involved. Just sit back, and
Jaucojn at those people who cause
all Freidrama. They're just wasting
time, and not solving anothing.
Can this note be included in the school newspaper? I don't care.

Name	Cadle.	1910556		De	ate:	
	write this n	ote in English	.)			
example Clubs? W survive th	e, what car Vhat are th he stress a	n you tell then e highs and t nd drama tho	n about aca he lows of se it will surely o	demic life? So venth grade	xt year's stud ocial adjustm and how bes ay? What did	ents? t to
<u>ac</u>	ademic	life.	60 Mi	idle so	hool is	The Little Date of the Control of th
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and	Kar	ske de	il in	Chorus	What	1 Gund
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boria	)6 OW			cd. but	. An cot 1	10 L YOU
Can this	Ho KA note be in	cluded in the	school news	spaper? //	The Ever S	Color Has

Name Anthony Pytham	Date: 6/18/19
Team Of dy	Date: State of the
(Please write this note in English.)	
Please leave words of wisdom of seventh grad example, what can you tell them about acade Clubs? What are the highs and the lows of seve survive the stress and drama that will surely cobest about this year, and what did you find mo	emic life? Social adjustments? enth grade and how best to me their way? What did you love
INC SCHOOL YEAR is going to	Strm Challensins it
may be go points but the fee	
EUN 1898/17/15 and You should a	O. Sevenza glade isn4.
hard it's fun. The Highest pair	<del>V</del>
the trackers ansall the tra	and magzing frips stre
LO +Ohelp You (CUCCIECL. The La	owest point is the make
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bad t loved all the activities	wedid this Yral It
Wastnebest Thendst difficyt	tring is May belone
Prostats butter Gally full or	nttobe Enno.
- :- <del>v</del>	12
Can this note be included in the school newsp	aper? Y (5

Name Angelina Ratzel	Date: 6/18/19
Team CHOO	
(Please write this note in English.)	

Deventh grade Overall was an amazing year. When first Walked in I was terrifted because half of the kids I had Seen but little Know Some or those kids become my best-mirrors, So some great advice is never be afraid to talk New people. Next is don't be worried of Finding Your Classes. I had stressed So this but on the second week knew where all of my classes were. your best to keep your grades up. your homework, study for tests and you will you can be! This year Meeting new friends and getting Can this note be included in the school newspaper?

Name Cascy Reed Date: 6/18/19
Team <u>Orion</u> ' (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
1t's best to just do your homework
every night, but you should also
spend time with friends, because
1t's a good stress regimen y git such
If the work tends to be difficult,
theres no shame in talking to
your teachers for help. Socailly,
don't try to cause problems
with other Audents, its a waste
of time just to get into thouble.
Also, try to keep your locker clean
and all you need is a locker shelf,
millor and something to hold your gum
clothes. Anything else will get in your way
Can this note be included in the school newspaper?

7th grade is definelly better than elementary school though. The hardest thing for me way St udying for final, because 1 Waited until last minute. I suggest trying out for sports On a IN level, because modified does not really give you a chance to really pre form. Also, if Someone has a conflict with you try to resolve it with them and think weither or not a large enough problem to see guidance or if you can handle it yourself. Most important have an and don't stress about nonework and grades

Name Jacky Helly Date: Which Backy Team Other
(Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Hello, Incoming Seventh-graders wekame
to North Tonawanda middle school wha NTMS.
When I first gother I was sopen Scarced
and Worned, But Islowly learned these
nothing to be really scared of if you
Day attention and stan out of drama
you'll love 7th grade. I loved 7th
grade and I loved all my teachers.
Thave fin in Midelle school see you in
the halls and see you around, on and
by the way join some dubs they make
middle school vour enjoyable.
Can this note be included in the school newspaper? Sure?

Name ] Team_	Aiden Aries	Robe	W.			· .	Date: _	6-18-10	1
		is note	in Engli	sh.)		·			
exampl Clubs? survive	le, what What ar the stre	can yo e the h ss and	ou tell the ighs and drama th	em about I the lows	acaden of seven ely com	nic life? Ith grad Ie their	Social e and l way? W	ar's studer adjustmer how best t Ihat did ya	nts? o
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			- 4						
Can this	s note b	e inclu	ded in th	ne school	newspa	per?	Ye	\$	

	Harrison Poberts.	Date: 6/18/10	
Team _ (Please	write this note in English.)		
examp Clubs? survive	le, what can you tell them ab What are the highs and the lo	venth grade life for next year's students. bout academic life? Social adjustments? bws of seventh grade and how best to I surely come their way? What did you lo	
<u>De</u>	ar Future Viction.		
M	Alkeruic fo not	chen gum in band.	
Also	upay affection or	id manage your time.	
_Oh	viously, do your	homework.	
1 1		is, there is a signific	ort
		ork compared to 6th qu	
	he thing you co	a look Cornord to is the	
id	pados They	rea convenient way	
4	)	tion inschool.	
			Mark .
Sin	cerely		
Ho	(ccison		
	*		
Can this	s note be included in the sch	ool newspaper?	

Name Victoria Roy	Date: 6/19/19
Team (10(), (Please write this note in English.)	
Please leave words of wisdom of seventh greexample, what can you tell them about according to Clubs? What are the highs and the lows of securive the stress and drama that will surely best about this year, and what did you find recording the stress and the stress and what did you find recording the stress and the	demic life? Social adjustments? Eventh grade and how best to come their way? What did you love nost difficult?
School can be funif you a	et your work done on
time and you don't mess	1 P
is trying to teach you s	omething that you use.
in every day lite. Here are	mony clubs you can join
in Offer school, For example	
Facs club, forigen alub on One thing for about mid	dle 3chool is youdon't
have teachers wilking you ever	ywhere. One bad thing is
you have tour minutes to	gottom class to doss
and you cant be late. I	lave thin during the
School year and have many	1 triends along thewar
and Study for all y	or tests, and quizzes
Leep your grades up an good Stovlent.	d do well, and be a
Can this note be included in the school new	spaper? 165 this Note can
	be in the school Maus-

<u>)</u>\$.

Name Kylee Russell	Date: 6/18/19
Team Olyian	
(Please write this note in Fnalish.)	

Hello! Welcome to seventh grade! We are blessed to have another great kid in this school, just make sure you listenup! This won't be as hard as you think it is, just behave and do your mork If you are having trouble, do not be afround of the teachers! They will be willing to help you and make sure you've on the right track. Do you love books, animals, recycling, or possibly trying new cultures? Then our school clubs will be perfect for you! And if you really want to get involved, we have student council and the granbook committee! There may be so many things you want to try you happen to Stress out, if that happens, its ok. Just take a step back and calm down, I'm positive your teachers and alub members will understand if you take a break from the clubs for a white. I loved all of my teachers and from activities they had us do. It these somethick fort Just Make some and don't had behind in school or home work! Remember, you still have eight grade to try as much as you can; Can this note be included in the school newspaper?

Name 2	wette le	10		Date	e:		
Team <u>O do o constitue</u> (Please write this	note in Engl	ish.)		<i>.</i>			
Please leave work example, what concludes? What are survive the stress best about this year.	an you tell th the highs and and drama t	em about d the lows hat will sur	academic of seventh ( ely come tl	life? Soc grade ai heir way	ial adjus nd how b	tment est to	s?
All I	have	J.C.	Control Control		) A men		W DETA
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Can this note he i	ncluded in t	he school :	16Webabar	2 116	e de la companya de l		

Name_IsabelleSchrock	Date:	6-18-19
Team <u>or loh</u>	-	
(Please write this note in English.)		

Dear next 7th graders, These are my words of wisdom ... ish. Things will get hard. The hom work, the tests, the mid-t and the final exam. Somtimes there i nothing you can do about it but one thing You can do is keep moving for pordand progressing, You will (eventuly) ge cought up in the Stess and drama the best thing to do is to ignore it. The most important thing 15 to make Sure you have friends. Iknow it sound but, it you do yet stuck estrass and drama you are Can this note be included in the school newspaper? <u>Sara</u>.

Pull you out. You can not and i Mean, <u>CAN NOT</u> go through middle School Without latleast) one friend. They will be there for you if you anethere for them. Mark My words...

Name Stand Stando Date: 4/18-/19  Team Acus (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Middle school is pretty fung if you
Hangout with the right people. It's petter to have a couple friends than a lot of.
forendes because than thorus less arama.
Also the first marking period is the
FOSPEST but try and get good grades Year round. Do your none work! home work IS probably the Eastest Way to Keep

Can this note be included in the school newspaper?

your graces up. You also want to

Name	Jordan.	Shaffer		Date: _	6/18/19	
Team_	Aries				•	
(Please	e write this note in	English.)	,			

1th grade is a very nervous adjustment because of exams mid-terms and knowing You can fail. But, those are only 3 down points. True there is more homework and test but there is a lot of fun staff. Like dubs, dubs are really fun it is a great flace to have fun and make Some New Friends. Hiso the sports. I played Soccer and softball on modified and I had So much fun. I met my best friend playing soccer. Also we can't forget enrichment. Enrichment is a class were you do homework or study. Finally lets not forget the freedom, low get your own lower and no lines just crowded hall ways. The grade was really tunt. Can this note be included in the school newspaper? <u>YES</u>

Name Samontha Shank	Date: (0 - 10 - 10)
Team <u>ONCAN</u> (Please write this note in English.)	
Please leave words of wisdom of sevent example, what can you tell them about Clubs? What are the highs and the lows survive the stress and drama that will sur best about this year, and what did you fi	academic life? Social adjustments? of seventh grade and how best to ely come their way? What did you love
In the beggining	of the year is
always hard but its	
Switch Schools and	·
you are going! But yo	•
you will get to know	and the second of the second o
School Know how nice	B and
teachers are you a	
- 14	
Can this note be included in the school	newspaper? 4es.

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join a club. The best part about 7th	· ·
Please leave words of wisdom of seventh grade liexample, what can you tell them about academic Clubs? What are the highs and the lows of sevent survive the stress and drama that will surely come best about this year, and what did you find most a Some words I have for the upcominal always pay attention. Do not ever work world or who's your friend on not or date grades and your activities. I would try join a club. The best part about 7th	
example, what can you tell them about academic Clubs? What are the highs and the lows of sevent survive the stress and drama that will surely come best about this year, and what did you find most a Some words I have for the upcoming always pay attention. Do not ever work world or who's your friend on not or data grades and your activities. I would try join a club. The best part about 7th	
always pay attention. Do not ever work world or who's your friend on not or date grades and your activities. I would try join a club. The best part about 7th	ic life? Social adjustments? h grade and how best to their way? What did you love
always pay attention. Do not ever work world or who's your friend on not or date grades and your activities. I would try join a club. The best part about 7th	ia 7 " anaders is to
grades and your activities. I would try join a club. The best part about 7th	
grades and your activities. I would try . join a club. The best part about 7th	
	giade forme was must
definituly the Orner lakefell trip. evi	en though 7th arader
organized. Good Luck!	stay calmand
organized. Good Luck!	
-Kyle	r Shillsley.
	F
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Can this note be included in the school newspape	

Name Gallie Shall Date: June 18  Team Aries (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Dear Seve, Just do your nomework, lyes,
all of it join lots of clubs, and make
a lot of Friends. When you have a lot of.
Priends, you always know someone will
be there for you. Also, the most important
thing is, now is NOT the time to make
primies. If you make enimies now, they

will stick with you for the next 6 years, And, one last thing, As tempting as it may be, stay out of romantic relationships. They will just distract you from not only your Schoolwork, but your Friends as Well Just Stick with those 5-tips-to-survive and you should be good! Seeyouin the halls.

Can this note be included in the school newspaper?

Name Isabella Smith	Date: 6-18-19.
Team <u>Orion</u> (Please write this note in English.)	
example, what can you tell them a Clubs? What are the highs and the	eventh grade life for next year's students. For bout academic life? Social adjustments? lows of seventh grade and how best to ill surely come their way? What did you love you find most difficult?
Door Thyroders, th	is your will be very
don't be late to	cuben its mit april dos move then stimes
_	ou have detention. Also
	work, it's noteron
	as pay afferrian Club
	, and so is thereign
/ · · · · · · · · · · · · · · · · · · ·	so cool framing a
new tangence.	myway just do what
Moure Suprison	to and this var
will be a the	Byeee!
Can this note be included in the sc	hool newspaper? Ch Sure

Name AND SPENCEY Team DVIVI	Date: 6/18/19
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life Clubs? What are the highs and the lows of seventh grasurvive the stress and drama that will surely come their best about this year, and what did you find most difficult	? Social adjustments? de and how best to way? What did you love
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BY PINST DUT IT'S DYCKY COSY ONE	e ven get
going. Stay out of Drawa! I you of	INI 1151 (M) to
anything else, just stay out of ova	
WINTH THE STYESS- FINALLY, MIN'T STYESS	N MMCH.
an your best and you'll get to	WAN, I MIN.
SW SMYICH YOU CAN.	
· · · · · · · · · · · · · · · · · · ·	
Can this note be included in the school newspaper? _	VCS

Name Tyler Starich Team Orren	Date: 6-18-19
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life example, what can you tell them about academic Clubs? What are the highs and the lows of seventh survive the stress and drama that will surely come best about this year, and what did you find most of the stress and drama that will surely come best about this year, and what did you find most of the stress and drama that will surely come best about this year, and what did you find most of the stress and drama that will surely come best about this year, and what did you find most of the stress and drama that will surely come.	c life? Social adjustments? In grade and how best to Itheir way? What did you love
Dear 7th Grade Students	
In 7th Grade its not as	hard as every had
tells you tests and guzes are	: eust for spanis
and almost all the subject	
to do is study about lo	
	spanish, lust year
, , , , , , , , , , , , , , , , , , , ,	fost and I made
	T/T
all I have for say of	best 7th grade Se
you not your!	J
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Fran	. The Shouth
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Can this note be included in the school newspape	ar? Susce

Name Tyler	Harr		Date: <u>6/18</u>	1/91.
(Please write this no	te in English.)			
Please leave words example, what can Clubs? What are the survive the stress and best about this year	you tell them about highs and the loved and the loved at the loved and what did you	out academic life was of seventh gra surely come thei our find most diffice	? Social adjustrate and how be way? What did	ments? st to I you love
In middle	school us	e your ear	yoment f	ine
tonget to 6	sur you d	all your	homework De	ont The
best pant	of James H	ande was	danien	lako
and Miagare	A.119 St	grode was	oll 70248	[ Est 11 Amil
and quizze		7 ( 6 9	3.1	
Can this note be inc	luded in the scho	ol newspaper?	109	

Name Taythyn Stien Date: 41819
Team <u>OriOV</u> (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments?
Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love
best about this year, and what did you find most difficult?
Severally grade is a way-to get us ready
for high sand. We have homework in almost every
class and we have town of fun projects and labe. We
Make reason of applicable on the formande
and and let were thing it is an definerly make ?
Chape were your Comme made was grave you
British and scary but overall the territor one
real mercianded are everyour trade love.
Brugia on top her grown with your
TONIC LOVE, Study for tests and try hard an the
bioligis for ordered the wast offlick task mil
your was making new snords. Scalatize inserver
Gazier pane non guardo-240k min inc
backe that are mer formy and how he sindy.
Can this note be included in the school newspaper?\OS

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Name Aestavea Truesdale	Date: <u>6-18-19</u>
Team ()Viov	
(Please write this note in Fnalish)	

Hey New Vecruits! Welcome to seventh grade! It's not. as bad as you would think. So stop getting so stressed about big bad seventh grade and be more chill. It's actually really easy and I think you will enjoy it. And if your friends are on the other team, don't panic, because you're ganna meet 10to of cool New people. HEADS UP! You're going to have A LOT of cool new teachers. And a lot of not-so-cool homework, I believe in you though! Also, one of the coolest things about seventh grade. (and the grades coming) is the amount of freedom you have. Say goodbye to walking quietly in a straight line in the halls! And assigned lunch tables! Sadly though, there is no more going outside for recess... \* cries\* Just Kidding, but all you little sevies are going to have a lot of fun, so stay safe, don't do drugs, and wear your seathelt.

Can this note be included in the school newspaper? <u>yes</u>

Name Jacob Volar	Date:
Team (Please write this note in English.)	
Please leave words of wisdom of seventh of example, what can you tell them about ac	
Clubs? What are the highs and the lows of survive the stress and drama that will surely	
best about this year, and what did you find	
I loved bearing the	2 500,95 105000000
and all the words br	
I got then event	No. at the second secon
very for to loom of	
Mrs. Czora Mrs. cz	
teacher, who loves	
You request her she	
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very hard to get	back.
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<u> </u>	<u>Luciter</u>
Can this note be included in the school ne	wspaper? <u>C</u>

NameMa/A TeamAricS (Please write th	nis note in English	h.)		Date: <u>////</u>	119
example, what Clubs? What a survive the stre	ords of wisdom of can you tell the re the highs and ss and drama the year, and what	m about actine lows of at will surely	cademic l seventh g y come th	ife? Social adju rade and how l eir way? What c	stments? Dest to
This	Year	School		fe hard	La se tention
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	School.				
People	this you	20 J.	they	were al	~o1 × 8
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Can this note b	e included in the	e school ne	wspaper?	Y.S.	

Name Nicolay Tuychic Date: 0/18/19  Team
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Dear incoming 7th graders 7th
grade went be Like 6th grade because
you will have homework every day.
the 8th graders will call you sevies
and you need to do your
Homework or else you will fail.
but on the bright fide there
are many clubs and Sports you
Can Join, teachers are very
Supportive and caring for you.
also it is easy to vass 7th
grade Just do your Honoworks
and Pay attention in class.
Can this note be included in the school newspaper?

Team_	AWY OY C wrife this	<u> </u>	<b>.</b>		W	ut		Do	ıte:			
examp Clubs? survive best ab	leave wo le, what o What are the stress oout this y	can yo the his and d ear, ar	u tell th ghs and Irama t nd wha	em a d the l hat w t did y	bout o lows o ill sure you fir	acado of sevely co nd mo	emic li enth g ome the ost diffi	fe? So rade ( eir wa cult?	ocial o and h y? Wi	adjust ow be nat di	ments est to d you	i? love
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Cun IIII	o noic be	merou	IGW III I	ne sei		10 44 3 P	uper:	lunt	h du	11/ (	eye.	

Name Anya Villegas Date: 6/18/19
Team Octon (Please write this note in English.)
(Fledse wife his note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments?
Clubs? What are the highs and the lows of seventh grade and how best to
survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
My plain advice is, it is easy to get
Side tracked by all the ofter school Fun
or special events. But just stay focused.
on the important goal. heep your grades
high. Don't let anything mess with your
grades. Deing smart and paying attention
during those boring & "Use-1855"
classes will really show off when your
older And I heard the you have to
pay to goto summer school 80.6 by
The way). And I'm sure your adults
at home don't wanna pay that LoL.
But I cally do hope non Beveryor
else Succeed! Have Fun Uran and actually -
Can this note be included in the school newspaper?
The Montage

Name Multiple Date: 6/18/19  Team (Please write this note in English.)	—
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you low best about this year, and what did you find most difficult?	- ,
First off the most important things	e)
is that its not as hard as they so	
it is I did much better than I though	~~ ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
I would And supply always remember the	<u>e f</u> l

Can this note be included in the school newspaper? ... Some

Name Shelby Walter Team Aries	Date: 6/18/19
Team <u>Arges v</u> (Please write this note in English.)	
Please leave words of wisdom of seventh grad example, what can you tell them about acade Clubs? What are the highs and the lows of seve survive the stress and drama that will surely co best about this year, and what did you find mo	emic life? Social adjustments? enth grade and how best to me their way? What did you love
NT Middle is by far one of my	favorite schools and the
Teachers are amazing. Some o	
but once you get it done and a	
into it the work gets easier alo	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
part of middle school is just pla	
Friends due to team Switching	CI .
As for drama and stress? Find ,	•
(Friends, Music, art, etc.) and focu	
Out of drama all it ever really do	
the Most difficult thing to avoid	<b>9</b>
to do is be your self. Dont let o	. · · · · · · · · · · · · · · · · · · ·
doesn't help you to be fake,	
Ne.	
Can this note be included in the school newsp	aper? Sure :

Name Becer Wicheland Team Arico (Please write this note in English.)		Date: 6-18-19
Please leave words of wisdom of sexample, what can you tell them Clubs? What are the highs and the survive the stress and drama that best about this year, and what did	about academic life lows of seventh growill surely come the	e? Social adjustments? ade and how best to ir way? What did you love
The hollways are	e like 90,50	o omall bold
Half of the Lines	. I loved	she triends
	· .	
•		
Can this note be included in the so	chool newspaper?	T dearet con la

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Please write this note in English.)	Date: 6/18/19
Please leave words of wisdom of seventh example, what can you tell them about clubs? What are the highs and the lows ourvive the stress and drama that will surpless about this year, and what did you fi	academic life? Social adjustments? of seventh grade and how best to ely come their way? What did you love
What I would say is the hardest thisse My locker voy far miley from my to go to my locker between every	classes, so I didn't have enough than
day goes by pretty garckly.	The teachers expect you to 1. He hard. Middle schoolis.
	<u> </u>

Name Lilly Mac W.	Date: 6/18/19
Team Onion	
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for	next year's students. For
example, what can you tell them about academic life	<b>=</b>
Clubs? What are the highs and the lows of seventh gra survive the stress and drama that will surely come their	
best about this year, and what did you find most difficu	
Hello, my friends. As you get adjusted	to this raw school
and environment you may be revous. Or e	
Or something else. Trust me I know	•
emotions are normal. So, make sure	•
your mental well being while going	to the state of th
journey to do your pest. Find wa	
make friends, do duho and sports	and you'll be fine.
Just do your best and good-lu	ik! Welcome to
7th arade!	
Can this note be included in the school newspaper?	leah

. }.

Name Rayna Williams - Steele		Date: _	6/18/16
Team Orion	<u> </u>		
(Please write this note in English.)			

Hello Seveth graders I am an 8th greater now and take here to help you out so lets Start with DRAMAIAI I have to Say good to drawn is trut you should try the pack to. Stay out of it and last year I was the kier that die because berall any pody their in and that is good put, it is not like & was stone I had friends and they are anazerny of Okay so how trads done mx SOCIAl life change a lot from elementary school and for The better Is In 6 grade & Wood a Kidish grouptingt bas had for middle sonal are now I got a group that was middle Schoolers and they are the best wish you luck, Make Surcito , Study, do your home work and join some Chibs. during erich ment do your hore workend don't so on your I god bushs Mass, good luck and hope to see you this year.

Name Jovann Wilmott	Date: JUNP	18th 2019
Team Ahre		
(Please write this note in Fnalish)		- *

Dear 7th graders,	<del>-</del>		
The adjustment of getting		•	
around is should ad Got k	out it gets	easier. W	80
be open minded about your work in	class try'di	Creat Way:	s to do
things or low thing about 7th			the state of the s
Class and getting their on	time because	1/OU Don't	Know where
The mores our. A good thing al	bool 7th grad	e 15 Anad	( ) YOU
get alot of freedom to do	cohat your	eed to do	3 you
gel time in class to do			•
about this year is our teachers			
I found difficult was learning he	ow to Study. 7	he best au	ay to
avoid Stress and orama is to	make a wide	variety of	Grends
and Do all of your home			• •

Can this note be included in the school newspaper?  $\frac{1}{2}$ 

Name Cameron Wood	_ Date:6/15/19
Team On the second seco	•
(Please write this note in English.)	
Please leave words of wisdom of seventh grade life for example, what can you tell them about academic life Clubs? What are the highs and the lows of seventh grasurvive the stress and drama that will surely come the best about this year, and what did you find most difficult	e? Social adjustments? ade and how best to ir way? What did you love
Don't lot it according last not to	boot in difficulties
Don't let the pepole who don't get to	*
It will be hard at first. Just find	s a good group
of pepale to Spend time Will. Pont v	vory be your self,
It will get harder but do youra	vork If you have
troble with work or a nother stated	
loved makeing friends, Clubs are of	he of the best things
to do van must oblige it is the san	·

of pepole to Spend lime Will. Don't worry be your self. If will get harder but do your work If you have troble with work or a nother stated ask for help. I loved making friends, Clubs are one of the best things to do you meet others with the same intrest as you. It is hard to adjust to so many holls and pepale but it will get easy. Just ask a 3th grader of a trasher for decents we will be help full. Well come to are Sphool good luck.

Can this note be included in the school newspaper?

Name Julian ware	Date:
Team Orion (Please write this note in English.)	
example, what can you tell them about Clubs? What are the highs and the lows	of seventh grade and how best to urely come their way? What did you love
IN Seventh grade	104 Will have to be sure
	time bring everything with
you to class never	cheat Always besure.
to Study otherwise you	will fuil keep relean locker
There are atonox kil	is in the grave, Two things.
You should worry about A	inus and mill temms they are
huse points that cunb	colle dipperence between summer.
school or a pree-summer	
-	. 1 - 1
Can this note be included in the schoo	I newspaper? if printed from computer

Name Tara Vanoceh Date: 6/18/19
Team <u>Orcor</u> (Please write this note in English.)
Please leave words of wisdom of seventh grade life for next year's students. For example, what can you tell them about academic life? Social adjustments? Clubs? What are the highs and the lows of seventh grade and how best to survive the stress and drama that will surely come their way? What did you love best about this year, and what did you find most difficult?
Dear 7th grader
In 7th grade I had a lot of fon.
Coming into 7th grade I was super scared.
All of my teachers were super vice, I was
scared it was going to be to hard for me
but that wasn't the case at all. As long
as you are a good student and want to
be suscessful 7th grade shouldn't be have
for you at all. There are lots of clubs
and sports you can be in but in order
to day a sport you're grades have to
be good. I payed modified softball this
year and it was so much fun. Don't
be scared about 7th grade you will do great!
Can this note be included in the school newspaper?

Name Zachem Tennec Team Ocion			Dat	e:	18/19	
(Please write this note in English.)			ž			
Please leave words of wisdom of example, what can you tell them Clubs? What are the highs and the survive the stress and drama that best about this year, and what did	about ac e lows of : will surely	ademic seventh come t	life? Soc grade a heir way	ial ad nd hov	justme: v best t	nts? o
Next year in 7th	grade	40n	should	Kno	L1 C	fer-
things. Having good grad	,					
you don't want your	entichme	nt to	ba 4	lied	w7-L	match
and reading workshop You	could	be	in cli	25565	cont h	
of your friends go dor	n't fool	o round.	The	year	112	50
by guick and the te	eadurs	are	all no	ce		
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Can this note be included in the	school ne	wspape	r? Yeç	2		